



## Semicolons Cycle ride

### 17 April 2010

The SemiColons Dorset's bowel cancer support group are having a long distance cycle ride to raise awareness of bowel cancer and to celebrate survivorship. April is bowel cancer awareness month and to join up the events cyclists will cycle to/from our three support group locations:

1. Bournemouth/Poole, 2. Dorchester, 3. Swanage

At each of these locations we will have stands to raise awareness of bowel cancer and the importance of identifying any symptoms at an early stage and generally to raise the profile of cancer survivorship.

The ride will finish at the Hamworthy Social Club, Magna Road, Poole.

If you would like to do the ride or part of it, or if you can help out, provide sponsorship, or help on the stand at any of the three main locations we would be very pleased to hear from you;

please complete and return the attached pro forma or contact Pauline via the website: [contact@thesemicolons.co.uk](mailto:contact@thesemicolons.co.uk)

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Please complete and return to:

Pauline Sly, 45 Stanpit, Christchurch BH23 3LU

Name(s)	Address	Tel. no./email	
I/we can help with the event	Type of help	Please tick	
	Help on the information stands		
	Help with the refreshments		
	Be a road marshal		
	Provide sponsorship		
	Help with transport		
Other please state			